




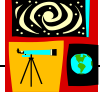



**S.T.R.I.D.E. Therapeutic
Recreation Program**

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MAY 2016

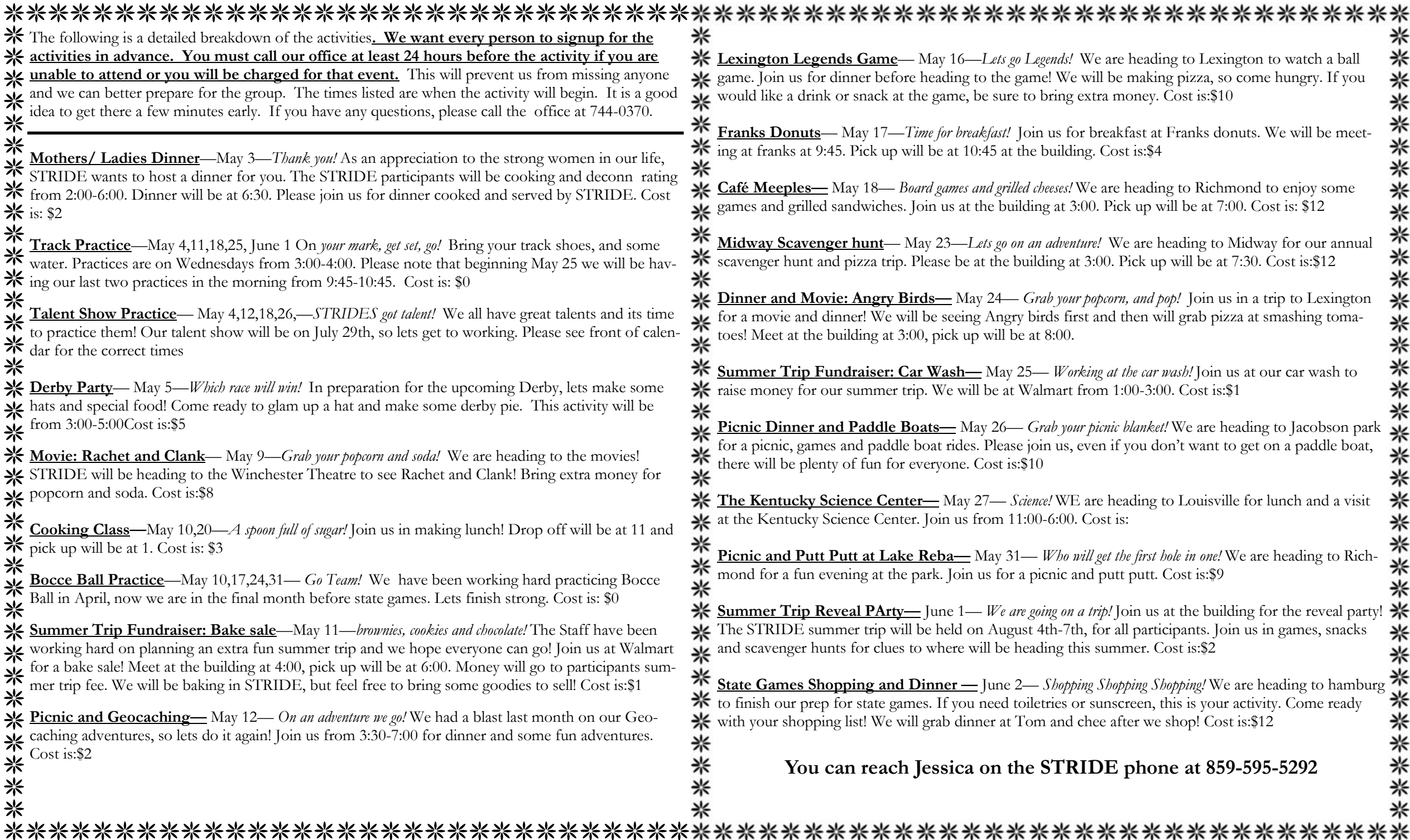
SUN	MON	TUE	WED	THU	FRI	SAT
1 (No Activity)	2 (Day Prog. 11-3) No Activity 	3 (Day Prog. 11-3) Mothers Day Dinner Prep 2:00-6:00 Mothers day Dinner 6:30-7:30	4 (Day Prog. 11-3) Track Practice 3:00-4:00 Talent Show Practice 4:00-5:30	5 (Day Prog. 11-3) STRIDE Derby Party 3:00-5:00	6 (Day Prog. 11-3) (No Activity)	7 (No Activity)
8 (No Activity)	9 (Day Prog. 11-3) Movie: Ratchet and Clank 3:00-6:30	10 (Day Prog. 11-3) Cooking Class 11:00-1:00 Bocce Ball 1:30-2:15	11 (Day Prog. 11-3) Track Practice 3:00-4:00 Summer Trip Fundraiser Bake sale 4:00-5:30	12 (Day Prog. 11-3) Talent show Practice 1:00-2:30 Picnic and Geocaching 3:30-7:00 	13 (Day Prog. 11-3) No activity	14 (No activity)
15 (No Activity)	16 (Day Prog. 11-3) Lexington Legends and Dinner 3:30-10:00	17 (Day Prog. 11-3) Franks Donuts 9:45-10:30 Bocce Ball 1:30-2:15 	18 (Day Prog. 11-3) Track Practice 3:00-4:00 Talent Show Practice 4:00-5:30	19 (Day Prog. 11-3) Café Meeples 3:00-7:00	20 (Day Prog. 11-3) The Kentucky Science Center and Lunch 11:00-6:00 	21 (No Activity)
22 (No activity)	23 (Day Prog. 11-3) Midway Scavenger Hunt and Dinner 3:00-7:30	24 (Day Prog. 11-3) Bocce Ball 1:30-2:15 Angry Birds Movie and Dinner 3:00-8:00 	25 (Day Prog. 11-3) Track Practice 9:45-10:45 Summer trip Fundraiser car Wash 1:00-2:45 	26 (Day Prog. 11-3) Talent Show Practice 1:00-2:30 Picnic Dinner and Paddle Boats 3:30-7:00	27 (Day Prog. 11-3) Cooking Class 11:00-1:00	28 (No Activity)
29 (No activity)	30 No ADT No program 	31 (Day Prog. 11-3) Bocce Ball 1:30-2:15 Picnic and Putt Putt golf at Lake Reba 3:00-7:30	1 (Day Prog. 11-3) Track Practice 9:45-10:45 Summer Trip Reveal party and Dinner 3:00-6:30	2 (Day Prog. 11-3) State Games Shopping and Dinner at Tom and Chee 3:30-7:00	3 (Day Prog. 11-3)	4 (No Activity)

**WHAT DO YOU CALL IT WHEN IT
RAINS CHICKENS AND DUCKS**



FOWL WEATHER

State Games



The following is a detailed breakdown of the activities. **We want every person to signup for the activities in advance. You must call our office at least 24 hours before the activity if you are unable to attend or you will be charged for that event.** This will prevent us from missing anyone and we can better prepare for the group. The times listed are when the activity will begin. It is a good idea to get there a few minutes early. If you have any questions, please call the office at 744-0370.

Mothers/ Ladies Dinner—May 3—*Thank you!* As an appreciation to the strong women in our life, STRIDE wants to host a dinner for you. The STRIDE participants will be cooking and deconn rating from 2:00-6:00. Dinner will be at 6:30. Please join us for dinner cooked and served by STRIDE. Cost is: \$2

Track Practice—May 4,11,18,25, June 1 *On your mark, get set, go!* Bring your track shoes, and some water. Practices are on Wednesdays from 3:00-4:00. Please note that beginning May 25 we will be having our last two practices in the morning from 9:45-10:45. Cost is: \$0

Talent Show Practice— May 4,12,18,26,—*STRIDES got talent!* We all have great talents and its time to practice them! Our talent show will be on July 29th, so lets get to working. Please see front of calendar for the correct times

Derby Party— May 5—*Which race will win!* In preparation for the upcoming Derby, lets make some hats and special food! Come ready to glam up a hat and make some derby pie. This activity will be from 3:00-5:00Cost is:\$5

Movie: Racht and Clank— May 9—*Grab your popcorn and soda!* We are heading to the movies! STRIDE will be heading to the Winchester Theatre to see Racht and Clank! Bring extra money for popcorn and soda. Cost is:\$8

Cooking Class—May 10,20—*A spoon full of sugar!* Join us in making lunch! Drop off will be at 11 and pick up will be at 1. Cost is: \$3

Bocce Ball Practice—May 10,17,24,31— *Go Team!* We have been working hard practicing Bocce Ball in April, now we are in the final month before state games. Lets finish strong. Cost is: \$0

Summer Trip Fundraiser: Bake sale—May 11—*brownies, cookies and chocolate!* The Staff have been working hard on planning an extra fun summer trip and we hope everyone can go! Join us at Walmart for a bake sale! Meet at the building at 4:00, pick up will be at 6:00. Money will go to participants summer trip fee. We will be baking in STRIDE, but feel free to bring some goodies to sell! Cost is:\$1

Picnic and Geocaching— May 12— *On an adventure we go!* We had a blast last month on our Geocaching adventures, so lets do it again! Join us from 3:30-7:00 for dinner and some fun adventures. Cost is:\$2

Lexington Legends Game— May 16—*Lets go Legends!* We are heading to Lexington to watch a ball game. Join us for dinner before heading to the game! We will be making pizza, so come hungry. If you would like a drink or snack at the game, be sure to bring extra money. Cost is:\$10

Franks Donuts— May 17—*Time for breakfast!* Join us for breakfast at Franks donuts. We will be meeting at franks at 9:45. Pick up will be at 10:45 at the building. Cost is:\$4

Café Meeples— May 18— *Board games and grilled cheeses!* We are heading to Richmond to enjoy some games and grilled sandwiches. Join us at the building at 3:00. Pick up will be at 7:00. Cost is: \$12

Midway Scavenger hunt— May 23—*Lets go on an adventure!* We are heading to Midway for our annual scavenger hunt and pizza trip. Please be at the building at 3:00. Pick up will be at 7:30. Cost is:\$12

Dinner and Movie: Angry Birds— May 24— *Grab your popcorn, and pop!* Join us in a trip to Lexington for a movie and dinner! We will be seeing Angry birds first and then will grab pizza at smashing toma-toes! Meet at the building at 3:00, pick up will be at 8:00.

Summer Trip Fundraiser: Car Wash— May 25— *Working at the car wash!* Join us at our car wash to raise money for our summer trip. We will be at Walmart from 1:00-3:00. Cost is:\$1

Picnic Dinner and Paddle Boats— May 26— *Grab your picnic blanket!* We are heading to Jacobson park for a picnic, games and paddle boat rides. Please join us, even if you don't want to get on a paddle boat, there will be plenty of fun for everyone. Cost is:\$10

The Kentucky Science Center— May 27— *Science!* WE are heading to Louisville for lunch and a visit at the Kentucky Science Center. Join us from 11:00-6:00. Cost is:

Picnic and Putt Putt at Lake Reba— May 31— *Who will get the first hole in one!* We are heading to Richmond for a fun evening at the park. Join us for a picnic and putt putt. Cost is:\$9

Summer Trip Reveal Party— June 1— *We are going on a trip!* Join us at the building for the reveal party! The STRIDE summer trip will be held on August 4th-7th, for all participants. Join us in games, snacks and scavenger hunts for clues to where will be heading this summer. Cost is:\$2

State Games Shopping and Dinner — June 2— *Shopping Shopping Shopping!* We are heading to hamburg to finish our prep for state games. If you need toiletries or sunscreen, this is your activity. Come ready with your shopping list! We will grab dinner at Tom and chee after we shop! Cost is:\$12

You can reach Jessica on the STRIDE phone at 859-595-5292